

**YODELLING AT THE MOUNTAIN**  
**20.06. – 12.09.2019 EVERY THURSDAY**  
**ZELL AM SEE**

In the Yodel workshop on the mountain, participants learn special breathing techniques in addition to the “Juchizen” and are taught about the history of Yodelling and the various kinds of Yodelling. With Thomas Reitsamer of Pinzgau Yodel School.

Duration: 1,5h

Start at 9.45 on the meeting point Schmittenhöhe Valley Station



**Book your session – free with a valid cable car ticket**

**Cable car ticket is included in the Zell am See-Kaprun-Card**

**YOGA AT THE MOUNTAIN**  
**03.07. – 28.08.2019 EVERY WEDNESDAY**  
**ZELL AM SEE**

For Yoga enthusiasts and those who want to be, gather in the beautiful mountain air, between the fragrant Alpine meadows and mountain herbs for group Yoga classes.

These Yoga lessons train strength, flexibility and balance and bring mind and body into harmony using breathing exercises and meditation. With Yoga instructor Monika Rauter.

Duration: 2 hours

Starting at 8.30 am at the meeting point Schmittenhöhe Valley Station



**Book your session – free with a valid cable car ticket**

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